

Progress Test - Unit 3 [A]

Unit 3 · A healthier lunch break · TESTE DE AVALIAÇÃO

NOME: _____

N.º: ____ TURMA: ____

DATA: ____ / ____ / ____

CLASSIFICAÇÃO: _____

REGRA: As respostas de gramática foram definidas por contexto; usa os tempos verbais e estruturas indicados.

A. Reading - lê o texto e responde

Students at Oakwood School noticed that many classmates skipped lunch or ate too quickly. The school council asked the canteen to offer more fruit, vegetables and water. There are now several healthy choices each day, and students can also bring food from home. Teachers remind pupils to drink enough water during sport. The council hopes that better habits will help everybody concentrate in afternoon lessons.

1. What problem did the students notice? _____
2. Who asked for healthier food? _____
3. Name one new food choice. _____
4. Why are better habits useful? _____

B. Vocabulary - vocabulário da unidade

1. Explain in English or translate into Portuguese: canteen.
2. Explain in English or translate into Portuguese: balanced.
3. Explain in English or translate into Portuguese: vegetables.
4. Explain in English or translate into Portuguese: concentrate.

C. Grammar - completa as frases

1. There is _____ apple on the table.
2. How _____ water do you drink every day?
3. You _____ wear a helmet; it's compulsory at this climbing centre.
4. We bought three _____ (tomato) for the salad.

5. There is only _____ juice left in the glass.
6. You _____ drink more water if you want to stay hydrated. (advice)
7. There are five _____ (sandwich) in the box.
8. I don't eat _____ fast food.

D. Writing - produção escrita

Write 95–115 words about the topic of this unit. Include an example or personal opinion.
