Progress Test – Unit 2 [C]

Unit 2 · Changing daily habits • TESTE DE AVALIAÇÃO

NOME: _____ N.º: _____ TURMA: _____

DATA: ____ / ____ / _____ CLASSIFICAÇÃO: _____

REGRA: As respostas de gramática foram definidas por contexto; usa os tempos verbais e estruturas indicados.

A. Reading – lê o texto e responde

Rui has tried several ways to feel healthier this year. He started going to bed earlier in February and has reduced the time he spends on his phone. Before he made these changes, he had often felt tired in morning lessons. His sister suggested keeping a simple diary of daily habits. Rui has now kept that diary for three months and says that regular exercise has helped him concentrate.

1. What did Rui start doing in February? _____

2. What had he often felt before the changes? _____

B. Vocabulary – vocabulário da unidade

1. Explain in English or translate into Portuguese: daily habits.

2. Explain in English or translate into Portuguese: concentrate.

3. Explain in English or translate into Portuguese: exercise.

C. Grammar – seleciona a opção correta

1. My sister ___ sushi. (a) has never eaten (b) has never ate

2. I ___ breakfast yet today. (a) didn't eat (b) haven't eaten

3. She ___ abroad before her family moved to Spain. (a) had never travelled (b) never travelled

4. We ___ our project yet. (a) didn't finish (b) haven't finished

D. Writing – produção escrita

Write 60–80 words about the topic of this unit. Include an example or personal opinion.

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